

## Bettendorf aces 6A honor

Coaches pick Central Catholic's senior outside hitter as player of the year

By **JERRY ULMER**  
THE OREGONIAN

At times this volleyball season, Central Catholic's offense had all the subtlety of a jackhammer.

When the Rams desperately needed a point, coach Rick Lorenz instructed his setter to look in one direction: heavy-hitting Martenne Bettendorf.

"I told Camille (Foster), 'When it's crunch time, don't try to mix it up, just keep setting Martenne,'" Lorenz said. "It's pretty simple, I mean come on, they can't stop her. Martenne is a great performer under pressure. She wants the ball in crunch time."

Bettendorf, a 6-foot-1 senior outside hitter, delivered with 511 kills as the Rams finished 33-0 and won their third consecutive state championship. She was the overwhelming choice by the coaches as the Class 6A player of the year.

"Some people think of their senior year as another year before college, but I took it as another year to get better," said Bettendorf, who has signed with Oregon. "I wasn't going to take this year off."

Aloha coach Kellie Scholl — whose team ended Jesuit's 13-year Metro League winning streak, shared the league title with the Crusaders and reached the state semifinals — was voted Class 6A coach of the year.

Summit's Gabby Crowell and Crook County's Makayla Lindburg, who led their teams to state titles, were selected players of the year for Class 5A and 4A, respectively. Their coaches, Summit's Jill Waskom and Crook County's Rosie Honl, also received state honors.

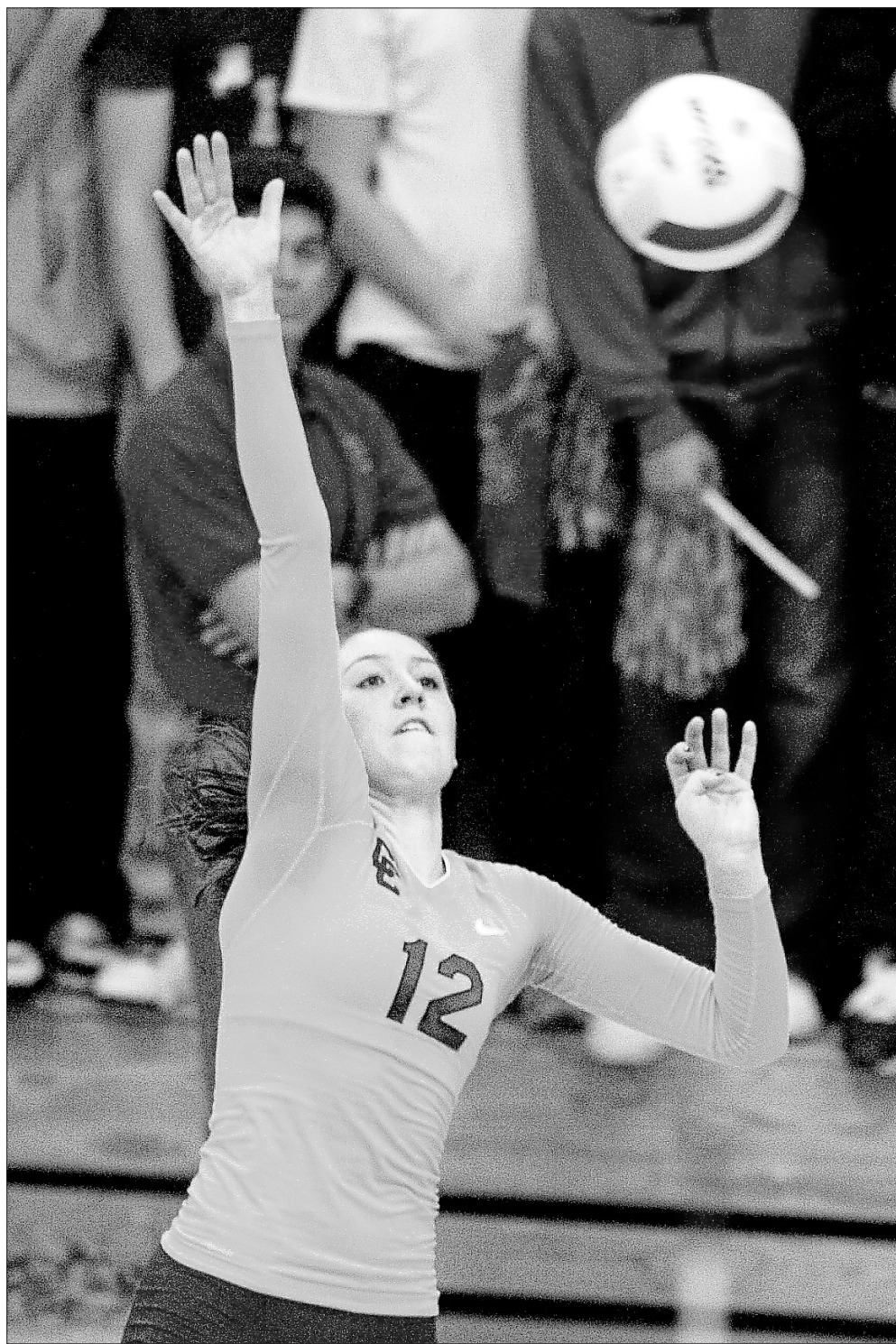
For Bettendorf, the award caps a stellar four-year career in which she amassed 1,853 kills. It comes five years after her sister, Arielle, was named Class 6A player of the year as a setter for the Rams.

Bettendorf said that Arielle, whose college career at Northern Arizona was cut short after one season because of a knee injury, has been an inspiration in her volleyball career.

"Ever since I was little, and she was playing CYO volleyball at St. Agatha, she's been teaching me how to play," she said of Arielle, who is scheduled to graduate from Oregon in June. "She gave me a different perspective on how I should play. I'm definitely playing for her all the time. She's a big role model in my life."

Central Catholic lost nine seniors from last year's team, so Bettendorf assumed more of a leadership role this season. Lorenz praised Bettendorf for her unselfishness and nurturing of the younger players.

"She's so humble and she reaches out to people," Lorenz said. "She had played around really good people for three years, and she knew that she couldn't do it alone. She was smart enough to realize that,



RAY WHITEHOUSE/THE OREGONIAN

**6A player of the year**  
Martenne Bettendorf, Central Catholic

### Class 6A all-state volleyball team



**Martenne Bettendorf**  
Central Catholic



**Amy Boswell**  
Aloha



**Kelsie Christensen**  
Clackamas



**Vanessa Bentley**  
Roseburg



**Megan McCool**  
Jesuit



**Caitlin O'Neil**  
West Linn

"Hey, I've really got to work together with these younger kids and the more inexperienced kids to make this work."

Said Bettendorf: "It was really important that I came in with a strong attitude, because it not only showed that I had confidence in the team, it also gave the team confidence that we would be OK."

Bettendorf, one of 25 players selected for the USA youth national training team this year, received another honor last month when she was among 24 players picked to play in the Under Armour All-America Volleyball Match on Friday in San Antonio.

It marks the second year in a row that the Class 6A player of the year will participate in the match. Last year it was Jesuit's Elizabeth Brenner, now a freshman at Oregon.

"Ever since she was selected to play in it, I told my-

self that that's what I wanted to do," Bettendorf said, adding that she and Brenner are best friends.

Bettendorf stayed in contact with Brenner throughout Oregon's season and closely followed the team's run to the NCAA Tournament.

"I can't wait to be a Duck and play for Jim Moore," Bettendorf said. "Liz tells me it's hard work but it pays off because it's a lot of fun."

Summit's Crowell, a 6-0 senior outside hitter, has signed to play at Montana. She was the driving force for the Storm, helping them rally from two sets behind to beat West Albany in the state final.

"She's very passionate about volleyball," Waskom said. "Every day she is physically and mentally into volleyball. She studies the game, so she knows what's open. She's not afraid to be aggressive."

Crook County's Lindburg had 559 kills and a 48.7 kill percentage for the Cowgirls (27-3), whose only losses came against Class 6A teams Central Catholic, Jesuit and Clackamas.

"She's unbelievable. Hard to stop and just a real team player," Honl said of Lindburg, a 5-11 junior middle blocker. "She never asks about her kills, blocks, anything. I'm glad I've got her back another year."

Honl coached Crook County to its sixth consecutive state title, the first four coming in Class 5A before switching to Class 4A. Waskom, who coached runner-up teams at Mountain View in 2006 and Summit in 2007 and 2009, led the Storm to their first championship.

Jerry Ulmer: 503-816-7323;  
jerryulmer20@yahoo.com  
twitter.com/jerryulmer

### Class 6A all-state volleyball

#### First team

Martenne Bettendorf	sr.	Central Catholic
49 percent of Rams' kills, 27 kills in title match		
Amy Boswell	sr.	Aloha
.523 kill percentage, 321 assists, 109 blocks		
Kelsie Christensen	sr.	Clackamas
.297 hitting percentage, 249 kills, 36 aces		
Vanessa Bentley	jr.	Roseburg
9.2 assists per set, 900 assists, 240 digs		
Megan McCool	jr.	Jesuit
.467 kill percentage, 32 aces		
Caitlin O'Neil	jr.	West Linn
.247 hitting percentage, 335 kills		

#### Second team

Natalee Godfrey	sr.	Sheldon
Haley Crouser	jr.	Gresham
Katie Bentson	jr.	West Salem
Kailee Johnson	jr.	Central Catholic
Janessa White	sr.	South Salem
Rachel Smith	sr.	Century
Margaret Paul	jr.	Barlow

#### Honorable mention

Camille Foster, so., Central Catholic; Amanda Goringe, sr., Aloha; Abby Gray, jr., Lake Oswego; Bonnie Blood, sr., Tigard

### Class 5A all-state volleyball



**Gabby Crowell**  
Player of the year  
Summit



**Jill Waskom**  
Coach of the year  
Summit

#### First team

Gabby Crowell	sr.	Summit
Tani Stephens	jr.	West Albany
Stephanie Meeuwesen	sr.	Liberty
Kara Young	sr.	Marshfield
Crystal Schmidt	sr.	Hermiston
Hannah Harrer	sr.	Summit

#### Second team

Megan Foote	sr.	Sherwood
Abby Ross	sr.	Cleveland
Bre Gibbons	jr.	Churchill
Madison Eufemia	sr.	Liberty
Piper Cantrell	sr.	Ashland
Rachel Buehner	jr.	Mountain View

#### Honorable mention

Karissa Paltridge, sr., Parkrose; Ellie Drain, sr., Sherwood; Payton Rund, fr., West Albany; Christine McCready, sr., Eagle Point; Alicia Hatzel, jr., Marshfield

### Class 4A all-state volleyball



**Makayla Lindburg**  
Player of the year  
Crook County



**Rosie Honl**  
Coach of the year  
Crook County

#### First team

Makayla Lindburg	jr.	Crook County
Bailey Bars	sr.	Hidden Valley
Sydney Stoneback	sr.	Sisters
Kelsie Houghtaling	sr.	Astoria
Elizabeth Venzon	sr.	Hidden Valley
Abby Hardie	sr.	Banks

#### Second team

Kelsi Kemper	sr.	Crook County
Braiden Johnston	sr.	Crook County
Taylor Kreutz	sr.	La Grande
Ali Brown	sr.	La Salle
Zoe Ottemiller	sr.	North Bend
Kassi Sanders	jr.	Cascade

#### Honorable mention

Danielle Moyer, jr., Astoria; Jenna Loheed, jr., Elmira; Skylar Fate, sr., Hidden Valley; Kirsti Kelso, sr., Crook County; Natalie Larsen, sr., Banks

### How the teams were selected

The Oregonian's JD Humburg created ballots based on all-league teams and distributed them to all head coaches in the top three OSAA classifications. Coaches voted for eight players, regardless of position. The top six vote-getters made first-team all-state. Coaches voted for two coaches and three players for coach and player of the year.